

SEPTEMBER NEWSLETTER ROOM 1

WELCOME TO SEPTEMBER IN ROOM 1!

Morning Drop-Off - As the new school year begins, sometimes your child may be unsure about their arrival to their classroom. A quick drop-off routine is actually reassuring to your child. You might say "I love you and I know you're going to be okay at school. I need a goodbye hug and I'll be right back at 12:30/3:00." We are always happy to help comfort and distract your little one.

Screen Time - Establishing a morning routine is a great way to get your child ready for their day. Research shows as little as fifteen minutes of television or computer time will shut down synapses in the frontal cortex for an hour afterwards. Substituting screen time with something like books or drawing for their early mornings will help set them up for success here at school.

Comfort Items - Please do not bring toys to school but books or soft quiet items, such as a stuffed animal, are always welcome!

Snacks - Please bring a morning snack and, if your child stays for after-care, and afternoon snack for your child to enjoy. Our low sugar policy asks that you do not include treats or desserts in their snacks or lunches, please.

Staying Connected - Communication is key here in Room 1! Please tell us about changes in schedule or family events, such as if you are going to be out of town, as I will be doing the same. If you have questions or concerns about your child's experiences at school I am best reached via email at Julia@boisemontessori.com. I am happy to arrange a phone call or zoom meeting if you prefer!

Clothes - When dressing for school, take into consideration your child's independence. Pants and skirts that have stretch waistbands are easy for potty-training, as zippers or small buttons may too difficult for little fingers to manage on their own. Velcro fastened shoes are also easier than tricky shoe laces when it comes to successfully dressing one's self at school.

Labeling - It is very helpful if you write your child's name or initials in their belongings so we can make sure everyone goes home with the same items they arrived with!

Community - If you would like to be in contact with other families in our class for setting up play dates, feel free to email me that you'd like me to share your email address with others who are interested.

Here's to a brand new school year,

Thank you for choosing Montessori Academy Parkcenter!

Miss Julia and Miss Ellie

MONTESSORI ACADEMY

