

## MAY NEWSLETTER ROOM 3

### Welcome May!

It was great catching up with all of you during parent teacher conferences. Thank you for your continuous support and encouragement. We are very proud of all the hard work your children have been doing each day!



This month we will be discussing different breathing exercises the children can use and apply throughout their day. Each week we will focus on a different one and practice them during our group time. Ask them about Lions Breath, Birthday Candle Breath, Relaxation Breath, and Color Breathing. Ask them to give you a lesson on one of the techniques!

Miss Tiffani

Miss Maxine

### Artist/Composer of the Month:

- *Ludwig van Beethoven*

### Cultural:

- *Australia, its map and animals*

### Science

- *Parts of a Kangaroo*
- *Plants and Flowers*
- *Insects*

### IMPORTANT ALL SCHOOL DATES AND REMINDERS

- Teacher Appreciation Week: May 3-7
- Kindergarten Classic Workshop with Coach Brian May 6
- Farmer's Market May 10-14th
- Kindergarten workshop: Stemscope Lab with Miss Carrie
- Spirit Day (Hat Day): May 21
- Early Release (3pm): May 21
- School Closed: May 31
- School Closed (Memorial Day): May 31