

JANUARY NEWSLETTER ROOM 3

Welcome back Room 3!

We are happy to have you back after such a long vacation. We hope you all had a wonderful holiday break and enjoyed some time off with family. We are excited to begin another great year!

As we said goodbye to 2020, we were focusing on kindness in class and how to fill other peoples buckets as well as their own. We will continue that theme in 2021 with recognizing and understanding our emotions, as well as the emotions of others. We will reintroduce some Grace and Courtesy lessons like how to greet a friend, get someone's attention, and ROSE (Respect for Others, Self, and Environment).

This month we will be studying Antarctica and the animals that live on that continent. We will also discuss animals and how they survive in the winter.

We will study the life and work of Martin Luther King and discuss the importance of his efforts.

Grinding work has still been a hit in room 3, if anyone can donate coffee beans that would be wonderful!

Fostering Independence at home:

- Help make dinner
- Help shovel snow
- Allow time for extra practice with putting on gloves and zip-ping coats

Artist/Composer of the Month:

- Sebastian Bach

Cultural:

- *Antarctica and its animals*
- *Parts of a Penguin*

Science:

- *Hibernation, Migration, and Adaptation*

IMPORTANT ALL SCHOOL DATES AND REMINDERS

- January 4 - 5: Winter camp
- January 15 - Pajama day (spirit day)
- January 18 - school closed (MLK day)