

SEPTEMBER NEWSLETTER ROOM 1

WELCOME TO SEPTEMBER IN ROOM 1!

DROP-OFF TIME - A quick drop-off routine is actually reassuring to your child: You might say "I love you and I know you're going to be okay at school. I need a goodbye hug and I'll be right back at 12:30/3:00." We are happy to help comfort and distract your child, in the process of starting school.

SCREEN TIME - Did you know that any screen time before school will impair your child's learning ability? As little as fifteen minutes of television or computer time will shut down synapses in the frontal cortex for an hour afterwards. Please try to substitute something like books or drawing for that time of the morning. What if movies and games were saved for after school or for family movie night instead?

NO TOYS - Please do not bring toys to school but BOOKS from home are always welcome. The exception is the favorite blanket or stuffed animal for a comfort object, which your child is welcome to keep in her/his cubby as needed.

SNACKS - Please bring crackers or raisins or cheese sticks once a month to be shared with friends.

LOW SUGAR POLICY - Our low sugar policy asks that you do not include treats or desserts in lunches--chocolate is for home, please. For example, granola bars and protein bars in fruit flavors are better.

COMMUNICATION - Please tell us about changes in schedule or family events, especially if you are going to be out of town. Questions and concerns about your child's experiences at school are best addressed in email, rather than talking at drop-off or pick-up time. My email is rose@boisemontessori.com. We can always arrange to call or meet at another time, too.

CLOTHES - When you are buying clothes, please look for pants that have stretch waistbands for easy potty-training, as snaps and zippers are too difficult for little fingers to manage independently. Push down skirts are also easier than dresses.

PUDDLES - Sprinkler puddles outside are fun to play in with boots or water shoes.

Thank you for choosing Montessori Academy—Parkcenter!

Miss Rose & Miss Julia

MONTESSORI ACADEMY

