OCTOBER NEWSLETTER ROOM 4

Dear Families

This month we begin with nutrition, healthy foods, and food pyramid. Part of this lesson will be to help pack their own lunches.

Let's talk MINDSET, This month we will be learning about the two kinds of mindset, fixed and growth.

FIXED MINDSET: Is the belief that you are born with a fixed amount of intelligence and ability. Operating in a fixed mindset you often avoid challenges and failures, thereby robbing yourself of a life rich in experience and learning.

GROWTH MINDSET: Is the brief that with practice, perseverance, and effort, you will have limitless potential to learn and grow. People operating in a growth mindset take on challenges with an understanding that making mistakes and failing are essential to growth.

IMPORTANT CLASSROOM DATES AND REMINDERS

Our class is looking for a volunteer for the school library as well as someone that is willing to collect books once a month from the public library for our classroom book shelf.

Kindergarten Note: Wednesday the children are participating in PE please make sure tennis shoes are worn that day.

IMPORTANT ALL SCHOOL DATES AND REMINDERS

October 17th Wax Museum October 23rd, 24th, 25th. Parent teacher conferences October 31st. Costume parade, beginning at 9:15 am

