

MARCH NEWSLETTER ROOM 1

WE PLAN TO LOOK FOR SIGNS OF SPRING DURING THE MONTH OF MARCH (IF THE SNOW STOPS). ARE THERE ANY FLOWERS GROWING IN YOUR YARD? ANY BABY DUCKS AT THE PARK? ANY TINY NEW LEAVES BUDDING ON YOUR TREES?

A few ideas to share from "101 Things That Parents Can Do To Help" by B. Hacker:

- Read about Montessori education and philosophy and how it applies to your child.
- Take the time to stand back and observe your child carefully and note the characteristics that she/he is displaying.
- Build a wardrobe for your child aimed at freedom of movement and independence and allow enough time for your child to dress herself/himself.
- Make sure your child gets sufficient sleep and make both going to bed and getting up a calm and pleasant ritual.
- Teach grace and courtesy in the home. Model it. Use courtesy with your child and help your child to demonstrate it.
- Read together daily--with younger children stick to books with realistic themes.
- Eliminate or strictly limit TV watching and replace with activity oriented things which involve the child.
- Take walks together at the child's pace, pausing to notice things and talk about what you see.

Miss Rose and Miss Julia